

Fall Schedule

(effective August 3rd, 2009)



	Mon	Tues	Wed	Thurs	Fri
Adults & Kids	(A)	(A)	(B)	(B)	(A)
Beginner (White/Gold/ Orange)	4:00	4:00	4:00	4:00	X
Beginner (White/Gold/ Orange)	4:40	4:40	4:40	4:40	4:40
Beginner (White/Gold/ Orange)	X	X	X	X	5:20
Intermediate (Green/Purple)	5:20	5:20	5:20	5:20	6:00
Advanced (Red/Blue)	6:00	6:00	6:00	6:00	X
Expert (Brown/Black)	6:00	6:00	6:00	6:00	X
Black Belt Class	X	X	6:00- 7:20	6:00- 7:20	X
Instructor Team	X	X	X	X	6:40-7:40
BBU Test Candidates	X	X	X	X	6:40-7:40
Adult Only- Class					
Kickboxing and Self Defense ADULT 14 & Up	7:20- 8:00	7:20- 8:00	7:20- 8:00	7:20- 8:00	X

Use your training website!

originmartialarts.com

*Log on weekly for new video and training pictures!

Help or Questions!

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Or get Quanjangnim Scott directly at
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